Get fit for the Summer...

Do you know there's a FREE TO USE outdoor gym right on your doorstep in Jubilee Park, Euclid Avenue, Grappenhall?

FREE ONE HOUR TASTER SESSIONS

COMMENCING MONDAY 23rd JUNE

MONDAYS & WEDNESDAYS AT 6pm
JUBILEE PARK, GRAPPENHALL



Commencing Monday 23rd June, Grappenhall and Thelwall Parish Council is providing a series of FREE, one hour taster sessions on the outdoor gym equipment in Jubilee Park.

The sessions will run for six weeks under the supervision of a qualified trainer. Places are limited so please register in advance, indicating which session you prefer to attend. Please note, the sessions are only available to adults over 18 years of age.

To register your interest please contact Beverley at the Grappenhall and Thelwall Parish Council office or just turn up at the park.

email: info@gtpc.org.uk tel: 01925 264918